

Uloko AE, Gezawa ID, Muhammad FY, Habibu RA, /
Muhammad AA.

abetes and Metabolic Unit, Aminu Kano Teaching Hos

*CORRESPONDING AUTHOR

Background;

have been designed for measurement of
dysglycaemia (Impaired fasting
glucose tolerance). Community based
studies in Nigeria are lacking, hence the

Objective;

To determine the prevalence and validity of (fasting plasma
glucose and HbA1c) as screening tests in a
community based study.

Methods;

Participants entered in a community-based study
using a multistage cluster random
sampling for a fasting plasma glucose (FPG) or
OGTT).

The OGTT and HbA1c was
performed with RPG of 6.1 – 6.9mmol/l or CPG
of 6.1 – 6.9mmol/l. Urinalysis was performed for all the
participants. All participants enrolled for the study had urinalysis
performed on a first morning urine sample.

Data for the study was obtained from the
records of Aminu Kano Teaching Hospital.

A self-administered questionnaire was used for
data collection. Blood was collected via the
finger prick for glucose estimation.

The prevalence of screening tests was calculated using

as well as blood pressures were

measured.

Result;

Completed the study with a mean \pm SD

Discussion

Although there has been considerable
screening and diagnosis of diabetes
in Nigeria, there is a paucity of data on the effects of such
screening on morbidity. 1

Various screening tools have been de
scribed with different degrees of precision, suitability and re
liability. The introduction of HbA1c test, OGTT still
remains the gold standard and should be utilized until other tests
are validated. In our study, utilizing the OGTT as go
ld standard, we found that the urine glucose tests have a ve
ry low sensitivity. 2 The WHO recommends that
urine glucose should not be used for the diagnosis of
diabetes. Casual plasma glucose and fasting p
lasma glucose were well in our study similar to findings from
other studies. HbA1c test had a lower sensitivity co
mpared to casual plasma glucose just like in oth

Prevalence of Dysglycaemia

Table 1. Prevalence of Dysglycaemia (IFG, IGT, a

Prevalence of Dysglycaemia (IFG, IGT, and A1c)

Gender	IFG		IGT	
	N	%	N	%
Male	18	4.30	8	1.91
Female	7	1.16	5	0.83
Total	25	8.6	13	16.6

IFG= Impaired Fasting Glycaemia; IGT= Impaired