



connect



Interior Health
Every person matters

Life Redesign Model™ : 10 Years in the Making

Presented by Patti Flaherty, CONNECT President and COO, and Deborah Preston, Health Service Administrator of Community for Interior Health in the Central Okanagan

Deemed **Leading Practice** by Accreditation Canada*, CONNECT's Life Redesign Model™ is a culture of:

- Personal accountability, support risk taking, social capital and meaningful community participation;
- Services planned around what the person wants more of in life: Participation in relevant life situations drives the residents' goals;
- Leveraging neuroplasticity by pursuing resident goals in real-life, non-institutional settings; and
- A "doing-with" coaching approach with blended job roles and a multi-professional coaching team.

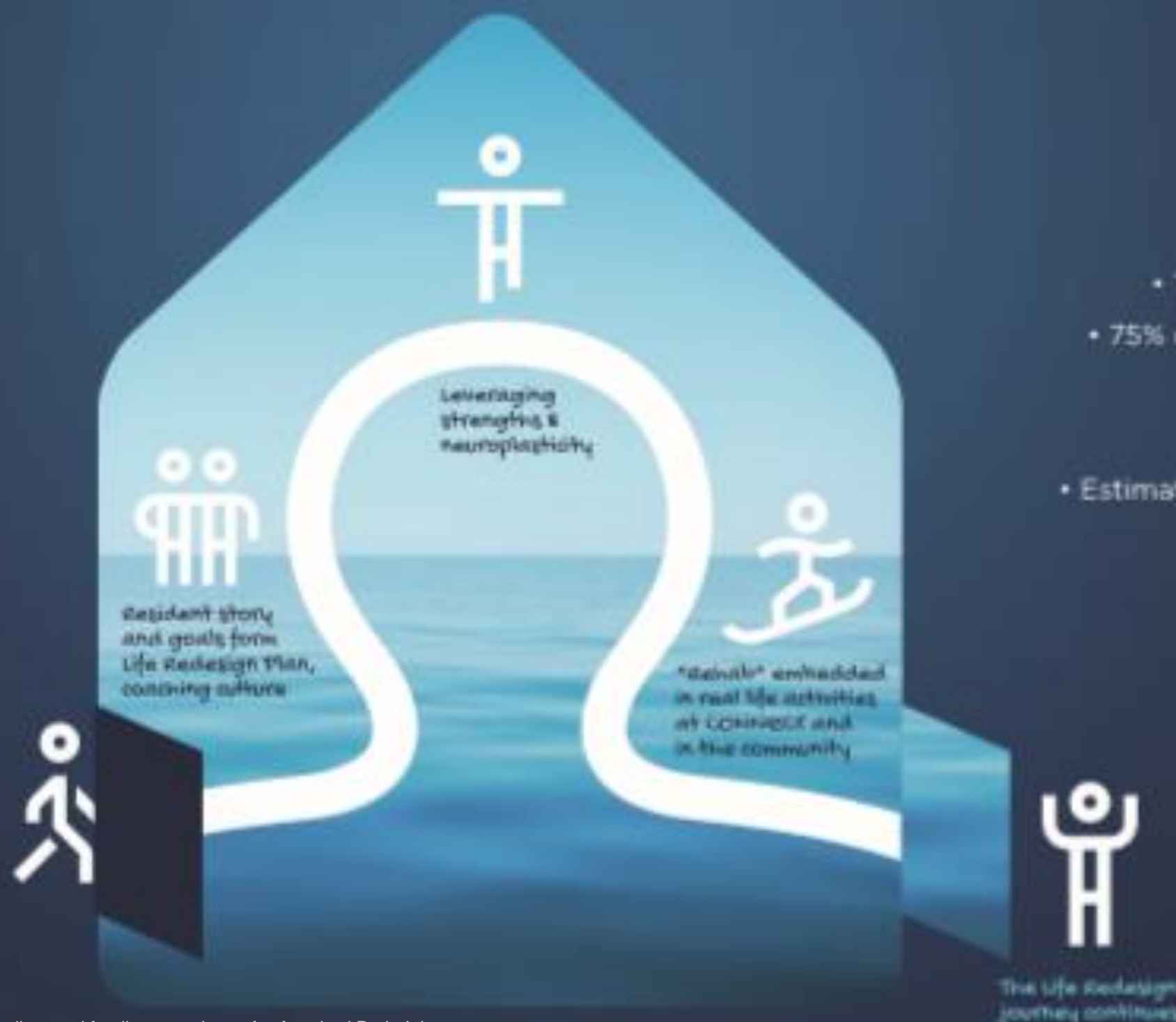
Interior's Health Outside-the-Box Request

Interior Health recognized a need for specialized services for people after ABI and stroke to:

- Meet their post-acute rehabilitation needs;
- Reduce dependency on long-term residential care; and
- Connect people back to their communities.

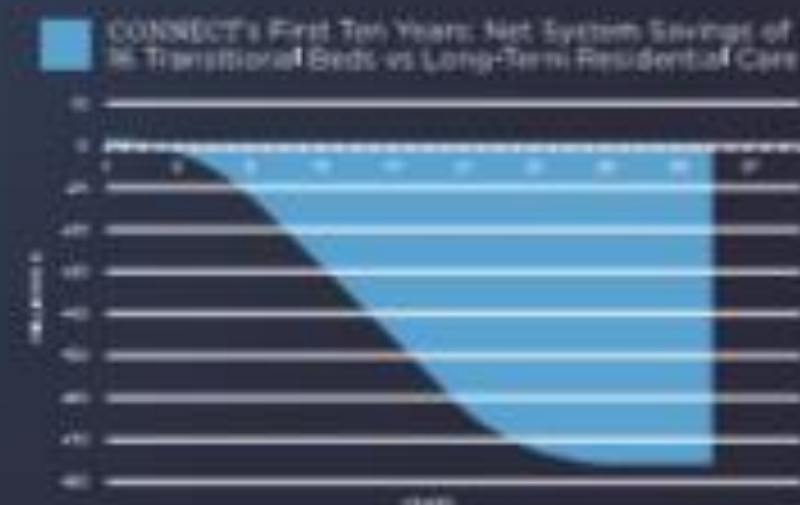
In 2007, Interior Health contracted CONNECT, which led to the creation of the *Life Redesign Model™*.

10 years of data reveals significant system savings with CONNECT.



10 Years of CONNECT Move-Outs has seen:

- 165 individuals.
- Total average LOS is 278 days (9-10 months)
- 75% of folks move to a lower cost environment in community for years to come**
- Total program cost of \$13M over 10 years
- Estimated system savings of \$85 million & climbing
- ROI of 553%



*Accreditation Canada deemed the Life Redesign Model Leading Practice in 2016 under client and family centred care for Acquired Brain Injury

** Estimated 19.5 years based on conservative life expectancy of 70 years and avg age of 51.5 years