Endovascular Acute Stroke Intervention – Tandem OCclusion trial (EASI-TOC): a trial of acute cervical internal carotid artery stenting during endovascular thrombectomy for anterior circulation stroke



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Background

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- Tandem occlusion refers to stroke due to middle cerebral artery (MCA) or distal internal carotid artery (ICA) AND ipsilateral cervical ICA occlusion or near-occlusion¹
- It is found in 12-30% of patients undergoing endovascular thrombectomy (EVT)¹
- Optimal acute management of the cervical ICA lesion is uncertain and may include no definitive revascularization versus acute stenting²
- Practice varies widely across centres and interventionalists and no RCT data or clear guidelines exist to guide decision-making
- An RCT is the best way forward to determine whether the ICA should be routinely stented during cases of stroke with tandem occlusion undergoing EVT³

Factors influencing decision-making

- Use of IV thrombolysis
- Prior use of antiplatelet agents
- Degree of collaterals
- Degree of final intracranial recanalization
- Degree and morphology of residual ICA stenosis
- Etiology of stenosis (atherosclerosis versus dissection)
- Pre-EVT infarct volume/ASPECTS

Technical issues

- ICA lesion stented prior ("anterograde") to or after ("retrograde") intracranial thrombectomy
- Type of ICA stent
- Use of distal embolic protection
- Use of balloon angioplasty
- Use of thrombo-aspiration in the ICA

Benefits and risks of acute stenting

Benefits:

- Treats the causative embolic lesion
- Improves cerebral perfusion
- May contribute to spontaneous clot lysis Risks:
- latrogenic dissection or perforation
- Artery-to-artery embolization
- ICH risk (hyperperfusion, antiplatelet agents)

Methods

Inclusion criteria:

Patients aged \geq 18 years

- Acute ischemic anterior circulation stroke eligible
- We propose a pragmatic, multicentre PROBE RCT of adult acute stroke patients undergoing EVT which will compare acute stenting for high-grade cervical ICA stenosis/occlusion versus deferred ICA intervention (if indicated).
- For pragmatic reasons, consent and treatment allocation will occur after confirmation \bullet of a tandem occlusion on initial non-invasive vascular imaging (CTA or MRA) but prior to EVT
- A standard antiplatelet regimen of ASA and Clopidogrel will be strongly recommended but final decisions will made by the treating team
- Anterograde ICA stenting will encouraged
- Cases of ICA "pseudo-occlusions" identified on CTA or MRA but not confirmed on angiography will be considered screen failures
- A pilot phase of 100 patients will be completed with anticipated initial participation of sites in Montréal, Québec City, Ottawa and Calgary and eventual expansion to other sites
- Our primary hypothesis assumes a greater proportion of patients with 90-day mRS 0-2 in the stenting group versus the no stenting group (50% versus 40%). In order to detect this 10% difference in the primary outcome with power of 0.8, 408 patients per group

for EVT according to local guidelines (with or without prior intravenous thrombolysis)

Ipsilateral high-grade (>70%) cervical ICA stenosis or occlusion

Informed consent according to local ethics policies

Exclusion criteria:

Pre-existing neurological impairment (modified Rankin score \geq 3)

Any underlying disease or condition making protocol adherence and/or 3-month follow-up unlikely

Any known contra-indication to EVT, angioplasty/stenting, or antiplatelet therapy

Symptomatic ICA stenosis or occlusion attributable to confirmed arterial dissection

Conclusions

A randomized clinical trial is justified and feasible given the persistent clinical equipoise in cases of tandem occlusion

will be required

Assuming a loss to follow-up of 12 patients per group, this would require a total sample ${}^{\bullet}$ size of 420 patients per group (n=840)

Results

- **Primary hypothesis:** Acute ICA stenting is superior to deferred intervention, with a proportion of favorable modified Rankin Scale score (0-2) at 90 days of 50% vs 40%
- **Primary outcome:** Proportion of patients with a favorable mRS (0-2) at 90 days lacksquare
- Secondary outcomes: NIHSS at 24 hours and 90 days; TICI 2b-3; ICA revascularization, Procedural complications; Early symptomatic ICH; Stroke recurrence at 90 days

- 2. Steglich-Arnholm, H., et al. (2015). "Thrombectomy assisted by carotid stenting in acute ischemic stroke management: benefits and harms." J Neurol 262(12): 2668-2675.
- 3. Behme, D., et al. (2017). "Emergent Carotid Stenting After Thrombectomy in Patients With Tandem Lesions." Stroke.

The EASI-TOC study plans to begin recruitment by the Fall of 2018 and should provide data regarding the use of routine ICA stenting in acute stroke patients with tandem occlusions

If interested in joining us, please contact: alexandre.poppe.chum@ssss.gouv.qc.ca



^{1.} Sivan-Hoffmann, R., et al. (2017). "Stent-Retriever Thrombectomy for Acute Anterior Ischemic Stroke with Tandem Occlusion: A Systematic Review and Meta-Analysis." Eur Radiol 27(1): 247-