



Satisfaction and Well-being of the Elderly: A new tool for measuring life satisfaction among the aged

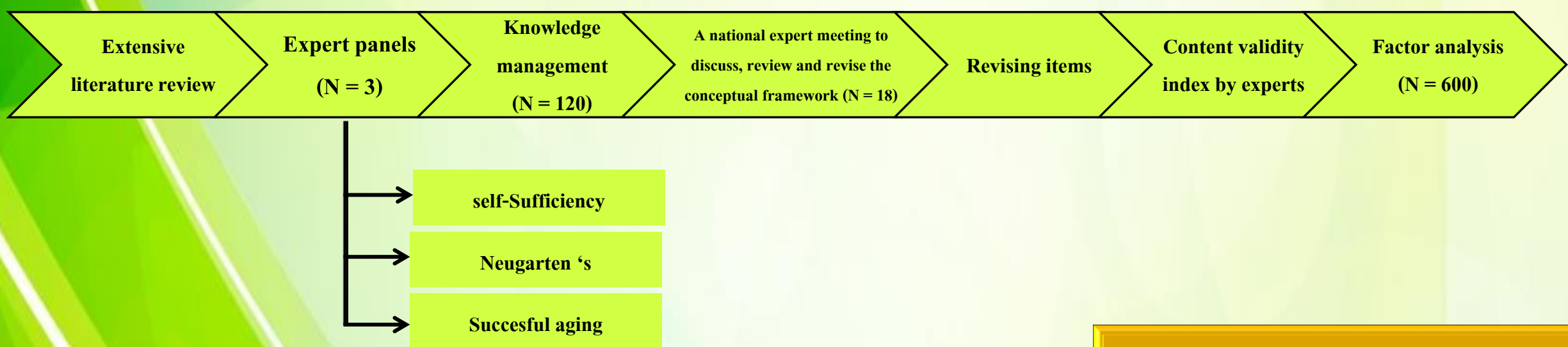
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Introduction: Life satisfaction measurements used among the elderly Thais were translated from English, and were not initially developed for the elderly population.

Objective: To develop a new measurement for evaluating life satisfaction in older people.

Methods:



Results:

The Satisfaction and Well-being of the Elderly (SWE) yielded 55 items in 9 dimensions.

The CVI was 0.944 and Cronbach's alpha was 0.896. It took about 20 minutes to complete.

Conclusion:

The SWE is a new self-administered life satisfaction tool for elderly people. It demonstrated excellent content validity and reliability, and requires about 20 minutes to complete.

Dimensions

- Enjoyment
- Resolution
- Fortitude
- Congruence between desired and achieved goals
- Positive self-concept
- Giving up authority
- Mood tone
- Reconciliation with others
- Self-sufficiency

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